

## Seattle Public Schools

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### **BECAUSE WE CARE. . .**

We coordinate with the local health district in protecting children from certain symptoms of communicable diseases.

If your child has any of these symptoms, please keep him/her home, or make appropriate child care arrangements.

- ◆ APPEARANCE, BEHAVIOR - unusually tired, pale, lack of appetite, difficult to wake, confused or irritable. This is sufficient reason to exclude a child from school.
- ◆ EYES - thick mucus or pus draining from the eye or pink eye (conjunctivitis).
- ◆ FEVER - temperature of 100 degrees fahrenheit or higher.
- ◆ GREENISH NOSE DISCHARGE, AND/OR CHRONIC COUGH - should be seen by a health care provider. These conditions may be contagious and require treatment.
- ◆ SORE THROAT - especially with fever or swollen glands in the neck.
- ◆ DIARRHEA - 3 or more watery stools in a 24 hour period especially if the child acts or looks ill.
- ◆ VOMITING - vomiting 2 or more times within the past 24 hours.
- ◆ RASH - body rash, especially with fever or itching. Diaper rashes, heat rashes and allergic reactions are not contagious.
- ◆ EAR INFECTIONS WITHOUT FEVER - do not need to be excluded, but the child needs to get medical treatment and follow-up. Untreated ear infections can cause permanent hearing loss.
- ◆ LICE, SCABIES - children may not return to school until they have been properly treated.

IF YOUR CHILD SHOWS ANY OF THE ABOVE SYMPTOMS AT SCHOOL, IT WILL BE NECESSARY TO PICK HIM/HER UP FROM SCHOOL.

- ❖ *Bringing a child to school with any of the above symptoms puts other children and staff at risk of getting sick.*
- ❖ *If all parents keep their sick children at home, we will have stronger, healthier, and happier children.*
- ❖ *While we regret any inconvenience this may cause, in the long run this means fewer lost work days and less illness for parents too.*

Thank You,

Seattle Public Schools

Health Staff